

March 3, 2022



# Psychiatry UNIVERSITY OF TORONTO

## PsychNews

Weekly Departmental Announcements, Events & Opportunities



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# Announcements



## **[Statements from President Meric Gertler and the Temerty Faculty of Medicine on the War in Ukraine](#)** NEW

U of T President Meric Gertler and the Temerty Faculty of Medicine have released statements expressing solidarity for the Ukrainian people and offering support to all members of our community who have been impacted by these recent events.

## **[Cintia Vontobel Padoin Memorial Award for Excellence in Child & Family Psychiatry](#)** NEW

Fundraising efforts are now underway to establish an endowed award in the memory of Dr. Cintia Vontobel Padoin, a member of the Department of Psychiatry who passed away in December. The goal is to establish an award for trainees who demonstrate excellence in infant and preschool psychiatry, an area of passion for Dr. Padoin. Donations made by Department of Psychiatry faculty will be matched dollar for dollar, thus doubling the impact of your gift. **[To learn more and to donate please click here and see the fundraising page.](#)**

## **[Announcing the 2021-2022 Excellence Funds Recipients](#)** NEW

The Excellence Funds Committee is pleased to announce Drs. Paul Benassi, Zainab Furqan and Dana Ross as the recipients of the 2021-2022 Excellence Funds competition.

## **[Dr. Sonu Gaiind elected to the 2022 Governing Council](#)** NEW

Congratulations to Dr. Gaiind on his successful re-election to a Constituency V (Medicine) seat on the Governing Council.

## **[Submissions are now being accepted for the 2022 Department Awards](#)**

The Department of Psychiatry at the University of Toronto administers or adjudicates close to 50 awards annually. Department awards are dedicated to celebrating the many accomplishments of our faculty and learners. The deadline to apply for most awards is April 15, 2022.

### **Supporting healthcare workers and learner safety**

After nearly two years of responding in crisis to the COVID-19 pandemic, we again find ourselves battling several challenges. We encourage all learners, staff and faculty to take care of your health and safety. Please see a list of resources and supports that may be of help.

### **Dr. Louise Gallagher – Chief, Child and Youth Mental Health Collaborative**

It is with great pleasure that we announce the new Chief, Child and Youth Mental Health Collaborative, Dr. Louise Gallagher.

## Strategic Plan Update



### **No Place For Islamophobia And Anti-Muslim Hate**

In response to a recent letter published and subsequently retracted in CMAJ, the Temerty Faculty of Medicine Office of Inclusion and Diversity has released a statement emphasizing that there is no place for Islamophobia and anti-Muslim hate at Temerty Medicine and re-affirming their commitment to addressing Islamophobia and providing support for faculty, staff and learners. **[The Department of Psychiatry's Advisory Council for Equity, Diversity, and Inclusion \(EDI\) in Clinical Care's webpage](#)** hosts announcements and statements regarding EDI in the Department and beyond.

## Nominations & Applications



### Learner Opportunities

### **Dalhousie Psychiatry Annual Humanities Writing Contest**

Medical students and residents are invited to submit reflective essays, prose, poetry, plays, or graphic novellas exploring the intersection of mental health and the humanities to the Dalhousie Department of Psychiatry Annual Student Writing Competition. **Application deadline: May 1, 2022.**

### **2022 Postgraduate Research Awards**

The 2022 Postgraduate Research Awards provide financial assistance to students engaged in medical research. **Application deadline: April 1, 2022, by 4:00 pm.**

## **Faculty Opportunities**

### **CPD Advancement and Ideas Grants**

The Temerty Faculty of Medicine's CPD Advancement and Ideas Grants are intended to support research and scholarly activities focused on the continuing professional development of practicing healthcare professionals. We would like to encourage Faculty members of the Department of Psychiatry to consider applying for this funding opportunity. Applicants should consult the CPD resource on [\*\*Preparing a CPD Research and Development Grant Application\*\*](#). **Application deadline for Internal Departmental Review Process (if you are seeking matched funding from the Department): April 4, 2022, at 5:00 pm.**

### **Institute of Medical Science 2022 Mel Silverman Mentorship Award**



The purpose of the award is to recognize and celebrate an IMS faculty member who has served as an outstanding mentor and role model for graduate students. The nominee must be nominated by an IMS graduate student. **Application deadline: March 28, 2022 by 11:59 pm.**

### **Academic Scholar Awards - Request for Applications**

The University of Toronto's Department of Psychiatry will grant merit-based awards to support the professional development of full-time faculty members of the Department. **Application deadline: March 4, 2022 by 5:00 pm.**

# Events



## Departmental

### **TIDE Unconscious Bias Training for Faculty**

All faculty members are invited to register for one 2-hour training session.

March 8, 2022, 5:00 pm - 7:00 pm

March 30, 2022, 1:00 pm - 3:00 pm

April 14, 2022, 4:00 pm - 6:00 pm

May 9, 2022, 3:00 pm - 5:00 pm

May 17, 2022, 12:00 pm - 2:00 pm

**[Register now](#)**



### **Mindfest 2022**

March 5, 7, & 8

**[Register now](#)**

### **City-Wide Psychiatry Rounds - Hospital for Sick Children**

March 25, 2022, 12:00 pm - 1:00 pm

Presenter: Jacob Vorstman, MD, PhD, Hospital for Sick Children

**[View programme](#)**

**[Register now](#)**

### **You've got a job. Great! Now What? (Thinking about your career...)**

Mentorship Program event

April 8, 2022, 12:00 - 1:00 pm

*Online event*



### **Professorial Lecture - Professor Paul Kurdyak**

April 11, 2022, 5:30 - 7:00 pm

**[RSVP to rachel.delaney@utoronto.ca](mailto:rachel.delaney@utoronto.ca)**

### **CFD Workshops - A Customized Series for Psychiatry Teachers and Educators**

Part 4 - Teaching and Supervision During Virtual Care

April 14, 2022, 5:00 pm - 8:00 pm

Presenters: Karen Leslie and John Teshima

**At capacity: an announcement will be sent if space opens up**



### **Professorial Lecture - Professor Robin Green**

A Centre for Investigating and Treating Behavioural and Neural Deterioration in Chronic Brain Injury

April 20, 2022, 5:30 - 7:00 pm

RSVP to [rachel.delaney@utoronto.ca](mailto:rachel.delaney@utoronto.ca)

### **Uplifting Women & Underrepresented Genders in Academia (group mentorship)**

Mentorship Program event

April 20, 2022, 12:00 - 1:30 pm

Online event



### **Future of Psychotherapy Conference 2022**

April 29, 2022

**[View programme](#)**

**[Register now](#)**

### **Professorial Lecture - Professor Sonu Gaind**

Scaling Orthanc, Slaying O.R.C.s, and Honouring the Maru: From Can't to Kant

May 9, 2022, 5:30 - 7:00 pm

RSVP to [rachel.delaney@utoronto.ca](mailto:rachel.delaney@utoronto.ca)

### **CFD Workshops - A Customized Series for Psychiatry Teachers and Educators**

Part 5 - The Art & Science of Giving & Receiving Feedback

May 18, 2022, 1:00 pm - 4:00 pm

Presenters: Walter Tavares and Ivan Silver

**At capacity: an announcement will be sent if space opens up**



### **Professorial Lecture - Professor Simone Vigod**

Treating for two: untangling the complexities of mental illness around the time of pregnancy

May 30, 2022, 5:30 - 7:00 pm

RSVP to [rachel.delaney@utoronto.ca](mailto:rachel.delaney@utoronto.ca)

### **Psychiatric Dimensions of Disasters CME webinar**

June 3, 2022, 9:00 am – 12:00 noon EDT

*Online event*

Save the date

### **CFD Workshops - A Customized Series for Psychiatry Teachers and Educators**

Part 6 - Faculty Wellness with Focus on Practical Strategies

June 13, 2022, 5:00 - 8:00 pm

Presenters: Nirit Bernhart & Julie Maggi

**At capacity: an announcement will be sent if space opens up**



### **Department of Psychiatry Research Day**

June 16, 2022, 9:00 am to 2:00 pm

*Online event*

**Register now**

**Submit a plenary paper - deadline March 18, 2022**

**Submit an oral/poster presentation - deadline March 31, 2022**

**U of T**

### **Anti-Oppression in Health Care and Sciences: A Learner-Led Virtual Symposium**

March 11, 2022, 4:00 pm to 7:00 pm

**Currently accepting proposals, deadline February 16, 2022**

*Online event*

### **Building the Foundations of Anti-Oppressive Healthcare**

March 23 - April 13, 2022

Online event

### **Health Narratives Research Group (HeNReG)**

Until April 27, 2022  
Online facilitated group

### **The Role of the Medical Expert in Estate Litigation**

June 23 & 24, 2022, 8:30 am – 4:30 pm  
Sunnybrook Health Sciences Centre (McLaughlin Auditorium)

## **Hospital Partners**

### **CAMH Virtual Grand Rounds**



March 4, 2022, 12:00 noon - 1:00 pm  
Title: Research in Women's Mental Health - An International Women's Day Celebration  
Presenters: Dr. Laurie Zawertailo, PhD  
Dr. Nikki Bozinoff, MD, MSc, CCFP (AM)  
Dr. Yuliya Nikolova, PhD  
Dr. Daisy Singla, Independent Scientist, PhD, C. Psych  
Online via Webex

### **CAMH - EPION's roundtable discussion on Serving BIPOC populations in Early Psychosis Intervention Services**

March 9, 2022, 1:00 pm - 3:00 pm  
*Online event*  
Register now

### **WCH Department of Psychiatry Grand Rounds**



March 10, 2022, 12:00 noon - 1:00 pm  
Title: The World Writes on the Body: Sex and Gender in Women's Brain Health  
Presenter: Gillian Einstein, PhD  
*Online via Teams*

### **UHN - The Soul of Medicine in the Last Year of Life: Novel Solutions to Palliative Care Access Across Economic and Culture Divides**

March 10, 17, and 23, 2022  
*Online event*  
Register now



**[SickKids Division of Child and Youth Mental Health Research Day 2022](#)**

March 11, 2022, , 9:00 am to 12:00 pm

*Online event*

**[Using Mental Health Apps with Your Patients: A Practical Webinar](#)**

March 16, 2022, , 4:00 to 5:00 pm

*Online event*

**[Register now](#)**

**[CAMH: The KCNI Speaker Series Presents Dr. Philipp Sterzer on Predictions, perception, and psychosis](#)**



March 23, 2022, 12:00 to 1:00 pm

*Online via Webex*

**[Register now](#)**

**[SickKids: Interpersonal psychotherapy \(IPT\) for depression, relationships and health](#)**

March 28 and 29, 2022

*Online event*

Register now

**[CAMH: CYBD's World Bipolar Day Research Symposium](#)**



March 30, 2022, 9:00 am – 4:15 pm

*Online event*

Register now

**[CAMH: World Bipolar Day Event with the Centre for Youth Bipolar Disorder](#)**



March 30, 2022, 6:30 pm – 9:30 pm

*Online event*

Register now

**[Celebrating the 50th + 1 year Anniversary of Youth Psychiatry at Sunnybrook](#)**

March 31, 2022

*Online event*

Register now

**[CAMH: 4 Shorts films by Rebecca Love and a talk by Dr. Vicky Stergiopoulos](#)**



April 16, 2022, 7:00 pm

*Paradise Theatre*

Tickets available now

**[SickKids Paediatric Update Conference 2022](#)**

May 4 - 7, 2022

*Online event*

Register now

**[CAMH - From Research to Reality - Global Summit on Psychedelic-Assisted Therapies and Medicine](#)**

May 27 - 29, 2022

*Online event*

**[The Canadian Network for Research in Schizophrenia and Psychoses 2nd Network Meeting](#)**

June 10, 2022

*In-person event*

[Discover more events on our website](#)

**Awards, Honours, & Distinctions**




**International/National**

Congratulations to **Dr. Shaheen Darani** for receiving the **Irma Bland, MD Certificate of Excellence in Teaching Residents** from the American Psychiatric Association (APA) and its Council on Medical Education and Lifelong Learning.



Congratulations to **Dr. Tony George** for being named a **Co-Principal Editor for *Neuropsychopharmacology* (NPP)**, effective January 2023.

Congratulations to **Dr. Bushra Khan** on her successful nomination to the position of **Vice Chair of the American Psychiatric Association Public Psychiatry Fellowship**. Dr. Khan is currently the only Canadian resident psychiatrist to be in a Chair or Vice Chair position within the APA fellowships. 


Congratulations to **Dr. Daphne Korczak** for receiving the **Dr. Sam Wong COVID-19 Certificate of Merit from the Canadian Paediatric Society, in recognition of Child Health Leadership in the National Response to the COVID-19 Pandemic**.


Congratulations to **Dr. Paula Ravitz** for receiving the **2022 AFMC John Ruedy Award for Innovation in Medical Education**.

Congratulations to **Dr. Peter Szatmari** for receiving the **[Joseph Zubin Award from the American Psychopathological Association](#)**.

Congratulations to **Dr. Glendon Tait** for receiving the **2022 Canadian Association for Medical Education (CAME) Certificate of Merit**.

## Provincial/Local

Congratulations to **Dr. Alison Freeland** on receiving the **Best Poster SACME 2022 Award** for *Efficacy and Success of Transition to Online eLearning of an Integrated Medical Psychiatry Collaborative Care Training Program*. 

Congratulations to **Dr. Elizabeth Lin - 2022 Don Wasylenki Education Day Best Staff/Faculty Poster Award** for "Teaching self-protection and restraint skills to staff: A pragmatic randomized controlled trial protocol" 

Congratulations to **Dr. Nikhita Singhal - 2022 Don Wasylenki Education Day Best Trainee Poster Award** for "The effectiveness of podcasting in medical education: A systematic review" 

Congratulations to **Dr. Sanjeev Sockalingam** on receiving the **Best Oral Abstract Presentation - Category – Best Practice SACME 2022 Award** for *Adapting the Deteriorating Patient Simulation Method: Notes on the feasibility and acceptability of a virtual mental health simulation.*



Congratulations to **Dr. Sophie Soklaridis** on receiving the **Best Oral Abstract Presentation - Category – Research SACME 2022 Award** for *Pivoting Continuing Professional Development During the COVID-19 Pandemic: A scoping review of emerging and amplified trends and innovations.*



Congratulations to **Dr. David Wiljer** on receiving the **Dave Davis Research in CME Award.**



## In The News



[\*\*With a focus on mental health, U of T's Mindfest event aims to educate and inspire\*\*](#) - U of T News. February 22, 2022. Featuring Dr. Jennifer Crosbie, Dr. Daphne Korczak, Dr. Chika Stacy Oriuwa, and Dr. Nikhita Singhal.



[\*\*Melatonin won't help everyone's sleep issues, experts say\*\*](#) - CBC News. February 22, 2022. Featuring Dr. Michael Mak.



[\*\*The end is near – again: How to decide what's safe for you as COVID restrictions lift\*\*](#) - The National Post. February 24, 2022. Featuring Dr. Roger McIntyre.

[\*\*U of T's Mindfest on Mental Health Aims to Educate and Inspire\*\*](#) - Faculty of Medicine News. February 22, 2022. Featuring Dr. Jennifer Crosbie, Dr. Daphne Korczak, Dr. Chika Stacy Oriuwa, and Dr. Nikhita Singhal.

[\*\*Cheat days, long workouts and high protein: What eating disorders can look like in men and boys\*\*](#) - CTV News. February 21, 2022. Featuring Dr. Blake Woodside.

[\*\*Everything You Need To Know About Body Dysmorphic Disorders\*\*](#) - Chatelaine.

February 18, 2022. Featuring Dr. Jamie Feusner.

[\*\*Antipsychotic Use Declining in Nursing Homes in Ontario: U of T Researchers\*\*](#) - CBC Radio. February 15, 2022. Featuring Dr. Andrea Iaboni.

[\*\*The effects of the pandemic on mental health\*\*](#) - CBC Radio. February 11, 2022. Featuring Dr. Roger McIntyre.

[\*\*Childhood adversity is a 'cause of causes' of adult illnesses and mental health problems\*\*](#) - The Conversation. February 10, 2022. By Dr. Robert Maunder and Dr. Jon Hunter..

[\*\*Medical trailblazer Chika Stacy Oriuwa is using her power to lift others up\*\*](#) - Maclean's. February 10, 2022. Featuring Dr. Chika Stacy Oriuwa.

## In Print & Online



### **IMPACT** [Relieving impairment for those with lupus](#)

The symptoms of lupus can range from skin rash to joint pain to fever, but not everyone knows that people with lupus also experience a high risk of cognitive impairment, depression, and anxiety. Dr. Kathleen Bingham and her team are studying the relationship between anxiety and depression and the development of cognitive impairment, opening a path to relieving cognitive impairment for those with lupus.

## Professional Positions



### U of T and Affiliated Hospitals

[\*\*Outpatient Psychiatrist - St. Michael's Hospital, Unity Health Toronto\*\*](#)



Applicants must be eligible for full-time clinical academic appointment at the University of Toronto. The successful candidate must hold a Medical Degree and be eligible for certification in Psychiatry by the Royal College of Physicians and Surgeons of Canada, and have or be eligible of independent licensure in Ontario. **Application Deadline: March 31, 2022.**

### **Assistant/Associate Professor - Professorship in Veteran Mental Health - Department of Psychiatry**

The successful candidate must already hold, or be eligible for, a full-time PhD Researcher or full-time MD Clinician-Scientist or Clinician-Investigator academic appointment within the Temerty Faculty of Medicine, U of T, preferably at the rank of Associate Professor but qualified applicants at the rank of Assistant Professor are also welcome to apply. **Application Deadline: March 31, 2022.**

### **Adult Psychiatrist - Humber River Hospital**

The available position is for a full-time adult out-patient psychiatrist, and may include occasional inpatient crosscoverage. **Application Deadline: March 16, 2022.**

### **Child-Adolescent Psychiatrist - Humber River Hospital**

The available position is for a full-time child and adolescent out-patient psychiatrist, and may include occasional inpatient cross-coverage. **Application Deadline: March 16, 2022.**

### **Medical Director, Concurrent Disorders - Waypoint**

Waypoint is seeking an exceptional, visionary, and innovative leader for the newly created role of Medical Director, Concurrent Disorders. **Open until filled.**

## **Other**

### **Assistant Professor (Clinical), Department of Psychiatry - McGill University**



The Department of Psychiatry at McGill University and the Douglas Institute are currently inviting applications for a full-time position as a member of the Contract Academic Staff at the rank of Assistant Professor (Clinical). This will be a three-year, renewable appointment and does not confer eligibility for tenure. **Application Deadline: March 26, 2022.**

### **Assistant Professor (Clinical), Department of Psychiatry - McGill University**

The Department of Psychiatry at McGill University and the Eating Disorders Continuum (EDC) of the Douglas Mental Health University Institute invite applications for a full-time Assistant/Associate Professor (Professional) in the field of Eating Disorders (EDs). **Application Deadline: March 18, 2022.**

### **Assistant Professor (Clinical), Department of Psychiatry - McGill University**

The Department of Psychiatry at McGill University and the Jewish General Hospital are currently inviting applications for a full-time position as a member of the Contract Academic Staff at the rank of Assistant Professor (Clinical). This will be a three-year, renewable appointment and does not confer eligibility for tenure. **Application Deadline: March 9, 2022.**

### **Eating Disorders Program Psychiatrist Full-time - The Ottawa Hospital**

The Regional Program for the Treatment of Eating Disorders (EDP) at the Ottawa Hospital has an opening for a staff psychiatrist interested in that field. **Open until filled.**

### **Eating Disorders Program Locum Psychiatrist Full-time or Part-Time - The Ottawa Hospital**

The Regional Program for the Treatment of Eating Disorders of Eastern Ontario at the Ottawa Hospital has an opening for a locum staff psychiatrist interested in full-time or part-time position in that field for July 4 - 29, 2022. **Open until filled.**

### **Consulting Primary Care Psychiatrist - East End Community Health Centre**

East End Community Health Centre (CHC) is a non-profit, multi-service centre providing health, social and community outreach services. We provide primary care, health promotion and disease prevention services to southeast Toronto. **Open until filled.**

### **[General Inpatient Psychiatrist Full-time Permanent Faculty Position - The Ottawa Hospital](#)**

The Ottawa Hospital (TOH) Mental Health program is a Schedule 1 Facility under the Mental Health Act, which operates the following general psychiatry acute care programs and services at two campuses. **Open until filled.**

### **[Psychiatrist Positions - Inner City Health Associates](#)**

Currently, ICHA is seeking to recruit part-time psychiatrists for several sites, including 1½ day per week clinics at FCJ Refugee Centre and at a virtual or in person clinic in one of the shelter hotels.

## Featured Reading



**[Dr. David Gratzer - Reading of the Week: TikTok is Popular & Cool But Good Mental Health Information? Also, Telemedicine and Practice \(Psych Services\)](#)**

NEW

**[Find past announcements in previous editions of PsychNews](#)**

Next issue publication date:

**March 10, 2022**



Submission deadline:

**March 9, 2022, by 10 am.**

**Please submit all content in PDF format, or, via a web link to [psych.news@utoronto.ca](mailto:psych.news@utoronto.ca). Emails with embedded content will not be accepted; all items must be attachable or hosted on a website.**