



Sleep Disorder Medicine Fellowship

Description of the fellowship opportunity:

The Department of Psychiatry at the University of Toronto offers a 1-year clinical fellowship in Sleep Disorder Medicine.

Fellows will develop competence in:

1. The physiology of normal and abnormal sleep;
2. The diagnosis and management of sleep disorders including insomnia disorders, sleep-related breathing disorders, central disorders of hypersomnolence, circadian rhythm sleep-wake disorders, sleep-related movement disorders, parasomnias, and other sleep disorders;
3. The technical aspects of polysomnography including sleep testing procedures, patient instrumentation, signal acquisition and processing, laboratory troubleshooting including the recognition and correction of recording artifacts, and the scoring of raw and summary data;
4. The interpretation of overnight polysomnography, multiple sleep latency test and maintenance of wakefulness test.

Training will take place mostly at CAMH and at the sleep laboratory. Upon completion, fellows with an independent practice license will meet the requirements for the Change of Scope process through the College of Physicians and Surgeons of Ontario to practice Sleep Medicine independently. Selected candidates will have the opportunity to participate in a clinically-oriented research or quality-assurance project. There will also be opportunities to teach residents and medical students in a formal and informal capacity through supervision, discussion, and scheduled teaching sessions.

Training start date:

Fellowship training should start on **July 1 annually** if possible, to align with the new academic year. However, alternative start dates may be negotiated in consultation with the fellowship supervisor (see below) & Psychiatry Fellowship Program (psych.fellows@utoronto.ca).

Stipend availability:

Psychiatry fellows must receive a minimum stipend of \$65,000 CAD/annum annually for a full-time training position. Pre-established funding for the fellowship may be available on a case-by-case basis. Alternatively, fellows may source their own stipends via anticipated independent OHIP billings through independently-secured part-time practice positions (see Psychiatry Fellowship Program's [website](#) for more information). Sponsored* candidates are also eligible to apply (see Psychiatry Fellowship Program's [website](#) for more information).

* Sponsored candidates are applicants from the following countries whose governments have official postgraduate medical training agreements with the university of Toronto: **Bahrain, Kuwait, Oman, Qatar, United Arab Emirates, and Saudi Arabia.**

Note: Sponsored candidates must have already initiated an application on the University of Toronto's **Sponsored Trainee Application Registry (STAR)**. For more Information, contact the University's postgraduate medical education (PGME) office at: pgme.international@utoronto.ca

Application Process

Overview:

Applicants are required to have completed training in Psychiatry, obtained certification from the RCPSC and be eligible for medical licensure in Ontario by the training start date, or possess equivalent international qualifications. The ideal fellow will have had previous clinical/research experience in Sleep Medicine.

Applicants must review the University of Toronto Psychiatry Fellowship Program's application requirements carefully **before** initiating an application. Internationally trained applicants may be asked to provide **English proficiency test results** at the time of application. Please review: <https://psychiatry.utoronto.ca/apply-fellowship-program>

Interested candidates are invited to submit their updated **CV**, copies of their **MD** and **specialty certificate***, a **letter of intent** detailing their interest in this opportunity and how it aligns with their career goals, as well as the contact information of **3 references** one of whom being their Residency Program Director. Reference letters must be received by the above-listed deadline. Other requirements may apply - see above.

** In lieu, current domestic residents can submit a letter of good standing indicating their anticipated graduation date from their residency program*

Application period:

Applications to this opportunity for entry in the **2024-25 academic year** (July 1 academic session) will be accepted between **Oct. 1, 2023 – Nov. 30, 2023** on the Psychiatry Fellowship Program's application platform: <https://documents.med.utoronto.ca/Forms/FellowshipsApplication>

Contact:

Dr. Michael Mak: michael.mak@camh.ca