

## Psychiatry: Foundations EPA #4

### Performing risk assessments that inform the development of an acute safety plan for patients posing risk for harm to self or others

#### Key Features:

- The focus of this EPA is the appropriate assessment of risk and safety issues.
- This EPA includes developing an acute safety management plan. This may include focusing on risk factors for suicide, self-harm, and violence towards others in the assessment.
- This EPA involves consideration of mental health law and its application to patients at risk of harm to self or others.

#### Assessment Plan:

Direct observation by psychiatrist/subspecialty psychiatrist, TTP psychiatry resident, Core/TTP psychiatry subspecialty resident or psychiatry/psychiatry subspecialty fellow

Use Form 1. Form collects information on:

- Patient history: non-suicidal self-injury; history of violence or forensic involvement; active suicidal ideation or behaviour; active homicidal/violent ideation or violent behaviour; other issue
- Setting: emergency; inpatient unit; outpatient
- Demographic: child; adolescent; adult; older adult

Collect 5 observations of achievement

- At least 1 patient with non-suicidal self-injury
- At least 1 patient with active suicidal ideation or behavior
- At least 1 patient with active homicidal/violent ideation or violent behaviour
- No more than 1 child or adolescent patient
- No more than 1 older adult patient
- At least 3 by psychiatrists
- At least 3 different observers

#### Relevant Milestones:

- 1 COM 2.2 Manage the flow of challenging patient encounters**
- 2 COM 1.1 Recognize and manage one's own reaction to patients**
- 3 COM 2.1 Collect collateral information that informs diagnosis and management plan**
- 4 ME 2.2 Assess risk factors for violence, suicide, and self-harm, including modifiable and non-modifiable factors**

*ENTRUSTABLE PROFESSIONAL ACTIVITIES FOR PSYCHIATRY (2020)*

- 5 **ME 3.2** Describe the indications, contraindications, risks, and alternatives for a given treatment plan
- 6 **ME 2.4 Develop and implement an acute safety management plan**
- 7 **L 2.1** Consider appropriate use of resources when developing treatment plans
- 8 **ME 5.2** Apply crisis intervention skills, including development of a safety plan, as appropriate
- 9 **P 3.1 Apply knowledge of the relevant codes, policies, standards, and laws governing physicians and the profession, including relevant mental health legislation**
- 10 **COL 3.1 Identify patients requiring handover to other physicians or health care professionals**
- 11 **COL 3.2 Provide a clinically relevant summary to the receiving physician or care team**